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## **Kit Care Corporation** 6358 Viscount Road Mississauga, ON Canada L4V 1H3

Tel: 416 243-3030

or 1 800 387-1858

Fax: 416 243-3082 or 1 866 777-0787

info@kitcarecorp.com

www.kitcarecorp.com

## **Halloween Safety Tips**

Halloween can be a very fun time for children and adults alike, but it is very important to keep safety in mind. There are many websites that offer a number of safety tips to consider during Halloween, and we encourage you to check them out.

Below are some special safety tips to keep in mind when celebrating Halloween with your children.

- Makeup and face paint are safer than masks; if using a mask, choose one that allows your child to see and breathe easily.
- Look for costumes, beards and wigs labelled "Flame-Resistant" -- nylon or heavyweight polyester costumes are best. Flame-resistant does not mean 'fire-proof'. Avoid costumes with baggy sleeves or flowing skirts to minimize the risk of contact with candles and other fire sources. Costumes made of flimsy materials have been found to burn more quickly when exposed to fire sources.
- Think twice before changing the colour of your eyes with cosmetic contact lenses. These cosmetic lenses should be used only under the supervision of an eye-care professional. In addition, wear time should be limited to the shortest duration possible. The lenses must never be worn while asleep, and cosmetic contact lenses should not be shared with others. If you should choose to wear these lenses, be certain that they are cleaned properly.
- Swords, knives and similar accessories should be made of soft, flexible material.
- Make your home safe for trick-or-treaters. Remove all objects around the outside of your house that could cause children to trip or fall. Turn your outside light on so children will know they can visit your home.
- Keep candles, jack-o-lanterns, matches and lighters in a place that children cannot reach.
- Halloween candles with multiple wicks close to one another are hazardous and should not be used. When lit they can produce a single high flame or several large flames close together resulting in intense heat and the danger of igniting nearby materials such as curtains or window sills.
- Keep pets inside and away from trick-or-treaters and lit candles, especially if they are easily frightened or become over-excited in the presence of strangers.
- If using decorative lights indoors or outdoors, use lights certified by a recognized organization such as the Canadian Standards Association (CSA) or the Underwriters' Laboratory of Canada (ULC or C-UL). Check lights for broken or cracked sockets, frayed or bare wires or loose connections. Discard damaged sets. Do not overload extension cords.
- Give children a snack or light dinner before they go out to help prevent them from munching while trick-or-treating. Don't send them out on an empty stomach! Throw away homemade candy or baked goods.

Most of all, have fun! Enjoy seeing all of the unique costumes and have a spooky Halloween!